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## Nikon D300 settings

These are the D300 settings that I use most. Hope this helps.



### PLAYBACK MENU

Playback Folder- all

Display Mode- check highlight only

Image Review- off

After Delete- show next

Rotate Tall- off

### SHOOTING MENU

File Naming- something that identifies you or the camera.

Image Quality- Your choice JPG Fine or Raw preferred.

Image Size- Large

JPEG Compression- Optimal

NEF Recording- 14-bit, lossless compressed.

White Balance- appropriate for your shooting situation.

Set Picture Control- Standard, with Saturation dialed down one increment for people, vivid for nature.

Color Space- AdobeRGB. sRGB if large amounts of prints from commercial lab are to be made.

Active D-Lighting- Off unless needed.

Long Exp NR- Off unless needed for contrasty situations.

High ISO NR- Normal

### CUSTOM SETTINGS MENU

AF-C Priority- Release

AF-S Priority- Focus

Dynamic AF Area-51

Focus Tracking with lock-on-normal

AF Activation-off (AF-on only)

AF point illumination-on

Focus point wrap around-off

AF point selection-AF51

Built-in AF-assist illuminator

AF-ON for MB-D10- AF-on

ISO step value- 1/3

EV steps- 1/3

EV comp/fine tune- 1/3

Easy expsoure com.- off

Center-weighted area- 10

Fine tune optimal exposure-no

Shutter release AE-L-off

Auto meter off- 8secs

Self-timer delay- 10secs

Monitor off delay- 20 secs

Beep -OFF!

Viewfinder grid display- on

viewfinder warning display- on

ISO Sensitivity- As low as practical.  
Excellent quality achievable up to 1600.  
Usable up to 3200.

Live view – hand held mode

Multiple exposure- off

Interval timer shooting- off

**SETUP MENU**

LCD Brightness-0

Clean image sensor- clean now

Video Mode- NTSC

HDMI-auto

Image Comment-on add your name here

Auto Image Rotation-on

USB-MTP/PTP

Firmware Version- check nikonusa.com  
for current firmware.

Image Authentication-off

Copyright Information- Input your name  
and copyright date here.

**RETOUCH MENU- use to your heart's  
content.**

**MY MENU- set up the menu items  
you use the most. These are the  
items in my, my menu.**

Battery Info

Set Picture Control

Active D-Lighting

Flash control for built-in flash

Clean Image Sensor

Assign Func Button

Shooting Info Display

CL Mode speed- 3fps

Max continuous release- 100

File Number Sequence- ON!

Shooting info display- Auto

LCD illumination-off

MB-D10 battery-LR6

Battery Order- MB-D10

Flash sync speed -1/320 auto fp

Flash shutter speed- 1/30

Flash control for built-in flash- TTL,  
commander if triggering a remote flash

Modeling Flash- off

Auto Bracketing Set- AE

Auto Bracketing Mode M- flash/speed

Bracketing order- under>mtr>over

Multi selector center button- shooting  
mode:select center focus point. Playback  
mode- zoom on/off high magnification.

Multi selector-off do nothing

Photo info/playback- off, info up/down,  
playback left/right

Assign Function Button- Func button  
press-spot metering. Func  
button+dials-auto bracketing.

Assign Preview Button- Preview button  
press-spot metering.  
Preview+command-auto bracketing.

Assign AE-L/AF-L- AE-L/AF-L  
button-AE/AF lock. AE-L/AF-L+command  
dials- none.

Customize Command dials-  
Reverse- off

Change main/sub- off  
Aperture setting- on sub command  
Menus playback- on

Release button to use dial- off

No Memory Card-lock

Reverse Indicators- minus on left, plus

on right.

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